

Creative and interactive approaches to develop self advocacy



www.advocreate.com



## About us

Ever wondered how to make self advocacy fun, interactive and stimulating? Well it's never been easier.

Creative self-advocacy for community and educational groups to include people with a learning disability, carers and support staff.

At Advocreate we use drama, film and other creative ways to help to develop self-advocacy.

"I have become more assertive."
The Advocacy Project

"We want more of it and longer!"

Elfrida Society

# Drama with Advocreate



Workshops are between 2-3 hours long and take place at a large space within your organisation.

Please choose from one of the following packages for your group. If you have an idea for a workshop that is not here then please get in touch.



# Speak up!

**What?** Communication and assertiveness workshops

Who? Self-advocacy groups and colleges **How?** 5 workshops



#### **Connections**

What? Team building workshops

Who? Self-advocacy groups and colleges How? 4 workshops



#### Marvel at me!

**What?** Creating a comic book

**Who?** Self-advocacy groups

**How?** 5 workshops



# Fun in a day

What? One-off fun drama session
Who? Day services and self-advocacy
How? One-off workshops



#### Not a care in the world

**What?** Fun drama session

Who? Carer groups
How? One-off or whole
day session



# Train the trainer

What? Drama facilitation training sessions
Who? Support staff and carer groups

**How?** 1-2 whole days



## **Experience Drama**

What? Developing social skills through drama

Who? Day services How? 10 workshops



#### Have your say!

What? Issue based workshop(s)

Who? Conferences, events and training sessions How? One-off or longer projects



# In the picture

What? Using the media workshops Who? Self-advocacy groups and colleges How? 5 workshops



#### Forum theatre

What? Interactive role play skills for an audience Who? Any groups How? Minimum of 2 workshops



#### My life on film

What? Film direction and editing Who? Any groups How? Depends on project



#### Present to me

What? Presentation skills Who? Self advocacy, colleges, carers groups and training sessions How? 1-2 workshops



## The Interview

What? Job interview techniques
Who? Supported employment, self advocacy, colleges
How? 1-2 workshops



# **Projects**

If you have other ideas for longer projects such as week long holiday projects, devising projects or for a specific event then please contact us.

### Contact us

For more detailed information and workshop terms and conditions then please go to...

www.advocreate.com

or contact us via



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